

PRESS RELEASE

Headline: ACT for Anaphylaxis Alliance launches the first Best Practice Index and Call to Action to strengthen anaphylaxis preparedness across Europe

Subtitles:

- Hosted by MEP András Kulja and held under the auspices of the Irish Presidency of the Council of the EU, the initiative highlights significant differences in preparedness and response to anaphylaxis across Europe.

The Alliance brings together patients, caregivers, families, healthcare professionals, sector representatives, policymakers and partners to improve preparedness and response to serious allergic reactions across Europe.

Brussels, 9 September 2026: The ACT for Anaphylaxis Alliance was officially launched today at the European Parliament during “*Anaphylaxis Preparedness in Action: Creating Safer European Schools for People at Risk of Anaphylaxis*” event, marking the launch of a new European initiative dedicated to improving the safety of people at risk of anaphylaxis and calling for more consistent preparedness across Europe. At the event, the Alliance unveiled **the first European Best Practice Index**, highlighting significant differences in preparedness across countries and identifying opportunities to strengthen response and care, alongside an **eight-point Call to Action** outlining priorities to improve anaphylaxis preparedness through Access, Care and Training across Europe.

At the launch event of the Act for Anaphylaxis Alliance, MEP Kulja highlighted the purpose and ambitions of the Alliance:

I was pleased to host this important event and to support the launch of the Act for Anaphylaxis Alliance. Its purpose is practical: to identify where preparedness is falling short, share what already works, strengthen the evidence base, and drive the policy changes needed to protect the safety and quality of life of people living with the risk of anaphylaxis – Member of the European Parliament Dr. András Kulja

Anaphylaxis can become life-threatening within minutes, yet preparedness, access to emergency treatment and the ability to respond continue to vary across Europe.

While a severe allergic reaction can escalate in just minutes, emergency response times across the EU can range from 10 to 30 minutes, making rapid recognition and immediate action by people on the scene critical. Around 1 in 300 Europeans will experience anaphylaxis at some point in their lives.

To ground its advocacy in evidence, the Alliance also developed the first European Best Practice Toolkit, assessing how EU Member States are performing across three pillars of anaphylaxis

preparedness: training, access to emergency treatment, and response. The assessment identifies a number of national policies that already offer a model for others to follow — from school training requirements to legal clarity for non-healthcare responders — as well as where significant gaps remain.

At its launch, the Alliance also presented an eight-point Call to Action aimed at addressing these gaps and strengthening anaphylaxis preparedness at EU and national level. These include developing common European principles for preparedness in high-risk settings, strengthening education and training, improving access to emergency treatment in schools and other critical public settings, and providing greater legal clarity for trained non-healthcare responders. The Call to Action also addresses the need for sustainable funding and stronger data and monitoring to support implementation.

Read the Call to Action [here](#)

Read the Best Practice Index [here](#)

ACT for Anaphylaxis Alliance has been established around three interconnected priorities: **Access, Care and Training**. It brings together patients and caregivers, healthcare professionals, advocacy organisations and policymakers to strengthen the way anaphylaxis is addressed at European and national level.

Hosted by MEP András Kulja and held under the auspices of the Irish Presidency of the Council of the European Union, the event provided a platform for discussion on the policy measures needed to strengthen anaphylaxis preparedness, including in settings beyond healthcare.

Particular attention was given to preparedness in schools, where the safety of children at risk of anaphylaxis depends on access to treatment, clear procedures and the ability of school staff to recognise and respond effectively to an emergency.

This broader approach is reflected in ACT's focus on Access, Care and Training, recognising that effective preparedness requires these areas to be considered together.

For Prof. Antonella Muraro, Co-Chair of the ACT for Anaphylaxis Alliance, the Call to Action is intended to drive meaningful, evidence-based change:

This Call to Action is not a symbolic gesture. It is a working reference document, grounded in clinical evidence and shaped by the healthcare professionals, doctors, patients, families and caregivers who understand this issue most closely. – Prof. Antonella Muraro, Co-Chair of the ACT for Anaphylaxis Alliance

The Alliance will now focus on turning expertise, evidence and lived experience into practical priorities for policy action, while identifying gaps and sharing approaches that can improve anaphylaxis preparedness across Europe.

For Ángel Sánchez Co-Chair of the Alliance, the priority is ensuring consistent emergency preparedness and protection for children across Europe:

"Patients and caregivers need the reassurance that emergency preparedness does not stop at national borders. While schools are learning environments and not clinics, staff need the right training and legal clarity to act decisively. Key international and European models have already demonstrated what works - from stocking emergency treatment to implementing Individualized Care Plans for each child. We now need to replicate these best practices across Europe so that no child or young person is left unprotected."- Ángel Sánchez, President of AEPNNA, Co-Chair of the ACT for Anaphylaxis Alliance

About the ACT for Anaphylaxis Alliance

The ACT for Anaphylaxis Alliance is a European multi-stakeholder platform bringing together patients, caregivers, families, healthcare professionals, sector representatives, policymakers and partners to improve preparedness and response to serious allergic reactions across Europe. The Alliance works to exchange best practices, support research-based solutions and drive policy change that enhances the safety and quality of life of people at risk of anaphylaxis.

Alliance members: Active Citizenship Network (ACN), European Large Families Confederation (ELFAC), European Pharmaceutical Students' Association (EPSA), European Society for Emergency Medicine (EUSEM), Medical Emergency Response (MER), Global Allergy and Asthma Excellence Network (GA²LEN), and Global Allergy & Airways Patient Platform (GAAPP).

Alliance supporting partners: Viatris and ALK

For further information or to contact the ACT for Anaphylaxis Alliance Secretariat, please email act-alliance@rpp-group.com and follow the Alliance on LinkedIn: [ACT for Anaphylaxis Alliance](#)